
2017 - Becky's COPD Tip (:30)

A TIP FROM A FORMER SMOKER

SFX:

An oxygen machine up and under.

Becky's Voice:

Hi, I'm Becky. I started smoking when I was 16. I thought it would make me look so cool and feel so free. Now, I have end-stage COPD. I've had lung surgery. And I'm chained to an oxygen tank.

My tip is: If you keep smoking, your freedom may only go as far as your oxygen tube.

Announcer:

Smoking is the leading cause of COPD.

YOU CAN QUIT, for free help, call 1-800-QUIT-NOW.

A message from the Centers for Disease Control and Prevention.