
2014 - Rose's Tip (:30)

A TIP FROM A FORMER SMOKER

Rose's Voice:

My name is Rose. Smoking caused my lung cancer. The most painful thing that I went through was the chest tube to get the fluid out of my lungs. It was just bloody, bloody, bloody. Every day I prayed that they would remove it. The last three or four days I literally cried. My tip is: Be careful what you wish for. That chest tube hurt a lot more coming out than it did going in.

ANNCR:

You can quit. For free help, call 1-800-QUIT-NOW.

A message from the U.S. Department of Health and Human Services and CDC.