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## 2017 – Michael’s COPD Tip (:30)

### A TIP FROM A FORMER SMOKER

#### Michael’s Voice:

Smoking gave me COPD. Which makes it harder and harder for me to breathe.

I have a tip for you: If your doctor gives you five years to live, spend it talking with your grandchildren.

Explain to them that your grandpa’s not going to be around anymore to share his wisdom and his love.

I haven’t figured out how to do that yet. And I’m running out of time.

#### Announcer:

COPD makes it harder and harder to breathe and can cause death.

YOU CAN QUIT, for free help, call 1-800-QUIT-NOW.

A message from the Centers for Disease Control and Prevention.