
2012 – Roosevelt’s Heart Tip (:30)

A TIP FROM A FORMER SMOKER

Roosevelt’s Voice:

My name is Roosevelt. I always thought that cigarette smoking just messed up your lungs. I never thought that at only forty-five would give me a heart attack. I never thought it would stop me from playing basketball with my kids. And I never thought it would change my life forever.

My tip is, do your heart a favor and quit now.

Announcer:

Heart attack risks drops as soon as you quit.

For free help call 1-800-QUIT-NOW.

A message from the U.S. Department of Health and Human Services and CDC.